

Competitor Name	Category	Club	Time
Danny Hope	M40	Horwich R M I Harriers	00:37:08
Lee Shimwell	M40	Calder Valley Fell Runners	00:37:41
Paul Upton	M40	Helm Hill Runners	00:38:12
Marcus Taylor	M50*	Horwich RMI Harriers	00:38:30
Jon Green	M40	Preston Harriers	00:39:12
Lindsey Brindle	W40*	Horwich R M I Harriers	00:39:48
Mark Walsh	M50	Horwich R M I Harriers	00:40:07
Sean Davis	M40	Unattached	00:40:19
Phil Simcock	M50	Rossendale Harriers & AC	00:41:02
Simon Taylor	M40	Darwen Dashers RC	00:41:13
Nigel Hartley	M50	Ramsbottom Running Club	00:41:24
Darren McDermott	M50	Preston Harriers	00:41:30
Gareth Davies	M40	Darwen Dashers RC	00:41:44
James Cooke	M40	Calder Valley Fell Runners	00:41:48
Steve Sanders	M50	Penistone Footpath Runners & Athletic Club	00:41:53
Phil Wells	M50	Calder Valley Fell Runners	00:42:05
Colin Rigby	M50	Horwich R M I Harriers	00:42:16
Cass Chisholm	W40	Calder Valley Fell Runners	00:42:24
David Parkington	M60*	Preston Harriers	00:42:32
Paul Taylor	M50	Darwen Dashers RC	00:42:43
Sam Dickinson	M*	Darwen Dashers RC	00:42:57
Russell Owen	M60	Eryri Harriers	00:43:10
Nigel Barnes	M60	Garstang RC	00:43:19
Simon Jones	M	Ramsbottom Running Club	00:44:29
Lee Troughton	M50	Ramsbottom Running Club	00:44:55
Steven White	M40	Holcombe Harriers	00:45:03
Catherine Holden	W40	Calder Valley Fell Runners	00:45:09
Edward Parry	M	Unattached	00:45:24
Neil Upton	M40	Unattached	00:45:27
Dan Stacey	M40	Ramsbottom Running Club	00:45:34
Andrew Wright	M40	Calder Valley Fell Runners	00:45:37
Paul Boardman	M60	Unattached	00:46:09
Bill Beckett	M50	Chorley Athletic and Triathlon Club	00:47:01
Ian Shannon	M40	Unattached	00:47:06
Tony Marlow	M50	Lostock AC	00:47:39
Sam Akerstrom	M	Ramsbottom Running Club	00:48:08
Josie Greenhalgh	W50*	Lostock AC	00:48:11
William Parry	M	Unattached	00:48:37
Warren Rafferty	M50	Ramsbottom Running Club	00:48:46
Steven Bamber	M60	Preston Harriers	00:49:09
Andrew Treasure	M50	Unattached	00:50:35

Mark Midgley	M50	Bowland Fell Runners	00:51:10
Verity Harrison	W40	Burnden Road Runners	00:51:14
Victoria Upton	W40	Helm Hill Runners	00:51:28
Alistair Mckittrick	M60	Ramsbottom Running Club	00:51:41
Sarah Sherratt	W50	Bowland Fell Runners	00:51:49
Craig Quirk	M50	Unattached	00:52:42
Lee Entwistle	M40	Ramsbottom Running Club	00:52:47
Yvonne Booth	W50	Ramsbottom Running Club	00:53:00
Steven Capner	M40	Unattached	00:53:08
Mark Dixon	M60	Unattached	00:55:01
Karen Leach	W40	Ramsbottom Running Club	00:55:05
Kevin Holland	M40	Unattached	00:55:10
Kim Ashworth	W*	Todmorden Harriers	00:55:18
Rosie Cummings	W40	Ramsbottom Running Club	00:55:46
Steven Billington	M40	Darwen Dashers RC	00:55:54
Matthew Carmichael	M40	Ramsbottom Running Club	00:56:16
Emma Houterman	W	Darwen Dashers RC	00:56:36
Michael McLoughlin	M70*	Preston Harriers	00:56:57
Lee Shorrock	M40	Unattached	00:57:43
Ged Turner	M60	Burnden Road Runners	00:57:53
Jacqueline Simcock	W50	Team JMC	00:58:22
Clive Hodgson	M60	Bowland Fell Runners	00:58:56
Carolyn Shimwell	W40	Calder Valley Fell Runners	00:59:32
Debbie Cooper	W60*	Bowland Fell Runners	00:59:36
Claire Markham	W50	Lytham St Annes Road Runners	00:59:38
Ian Coupe	M60	Ramsbottom Running Club	00:59:41
Eve Hart	W40	Ramsbottom Running Club	00:59:45
Greg Oulton	M50	Lytham St Annes Road Runners	01:01:21
Sam Booth	W50	Ramsbottom Running Club	01:01:30
Martin Slater	M60	Ramsbottom Running Club	01:01:46
Melissa Anglesea	W	Winter Hill	01:01:56
Tamsin Cooke	W40	Calder Valley Fell Runners	01:02:49
Ali Haley	W40	Calder Valley Fell Runners	01:04:44
Isabel Akerstrom	W	Ramsbottom Running Club	01:06:00
Emma Palmer	W50	Ramsbottom Running Club	01:06:03
Justin Bones	M40	Ramsbottom Running Club	01:07:56
Chris Cash	M60	Darwen Dashers RC	01:10:53
Guy Freeman	M50	Ramsbottom Running Club	01:14:04
Lee Ford	M50	Ramsbottom Running Club	01:14:25
Diane Ford	W50	Ramsbottom Running Club	01:14:34
Ann Butler	W60	Ramsbottom Running Club	01:14:36
Rebecca Turton	W50	Ramsbottom Running Club	01:16:12

Anthony Metcalf	M40	Ramsbottom Running Club	01:16:24
Chris Hughes	M60	Ramsbottom Running Club	01:19:23
Maxine Grimshaw	W60	Ramsbottom Running Club	01:21:38
Kenneth Swarbrick	M40	Ramsbottom Running Club	01:29:43
Angela Ball	W50	Ramsbottom Running Club	01:38:05
Louise Jervis	W50	Ramsbottom Running Club	01:38:27
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