

The event centre is.....

Cath Thom Leisure Centre (previously Wilsons Sports Village)

Clayton Hall Drive, (Off Whalley Road)

Clayton le Moors

BB5 5SG

Actual start and finish is behind the Sports Centre Car Park.

Same place as Hyndburn Park Run.

Route is 4.5miles on tracks and paths through woods and country lanes.

Trail shoes or old road shoes would be ok.

If been dry road shoes acceptable.

At the far end of the route there are 20 steps to climb UP, back onto the old disused railway

Steps are safe and shouldn't cause problems.